



## Building Skills Through Inclusion Erasmus+ KA-1 Youth Multi-Activity Project

### YOUTH EXCHANGE

Cluj-Napoca, Romania  
March 24 – 30, 2019

### Info Pack for Applicants

Application form: <http://english.babilontravel.ro/building-skills-through-inclusion-the-youth-exchange/>  
Webpage: <http://english.babilontravel.ro/projects/building-skills-through-inclusion-the-youth-exchange>

Application deadline: February 28, 2019

**Building Skills Through Inclusion** is an Erasmus+ youth project financed by the European Union. There are 5 countries participating: Albania, Kosovo, Portugal, Romania and Serbia.

The aim of the project is to promote and foster social inclusion of young people with disabilities and fewer opportunities by being focused on mobility, independent living and employability.

To achieve its aim, the project will have three main activities: a partnership-building seminar, a training course and a youth exchange.

The third main activity is a youth exchange in Cluj-Napoca, Romania, starting on March 24 and ending on March 30, 2019 (travel days included).



#### OBJECTIVES:

- Develop and test independent living skills by travelling abroad, living for short period of time without their family, sharing responsibilities and space with others;
- Test skills of youth workers on being youth leaders of this YE, skills which they developed in TC;
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- Youngsters will touch the reality of mobility's and exchanges, leaving home for few days and increasing the level of information on inclusion, human rights, discrimination and mobility opportunities existing for them.
- Empower young people with disabilities and fewer opportunities in being active citizens, being involved on mobility activities and appreciating their skills and abilities;
- Develop employability skills by learning how to write CVs and letters of motivation, how to search and apply for a job;
- Foster mobility, intercultural exchange and understanding to young people with and without disabilities.



### **PARTICIPANTS:**

The youth exchange is addressing the needs of youngsters with and without fewer opportunities/disabilities. The activity will be attended by 30 young people (6/country), age 18-30 and 5 youth leaders (1/country), age 18+. Out of the total number of participants there will be:

- 5 youngsters (1/country) fully disabled (sensory or moving disabilities) who cannot attend independently the activity, cannot travel alone and cannot access materials, and free time without their personal assistant, so we count 5 personal assistants (1/country), age 18+;
- 5 youngsters (1/country) with light disabilities from the same background but they can act independently with little support;
- 10 youngsters (2/country) with fewer opportunities such as Roma community, abandoning the schools, rural areas, economically disadvantaged (unemployed parents and low incomes);
- 10 youngsters (2/country) will be non-marginalized.
- 5 youth leaders (1/country) will be selected from the youth workers who attended the training course and made preparations to organize the YE.

The selection of all participants is based on common application forms, motivation of young people. Each partner organization is responsible to identify and select participants by a set of common criteria:

- For all participants:
  - Citizens or legal residents of Albania, Kosovo, Portugal, Romania or Serbia;

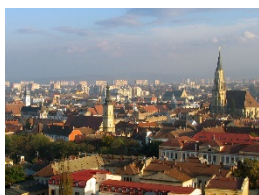


- For the youngsters:
  - Age 18-30;
  - Actively involved in one of the partner organizations or in the local community;
  - Highly motivated to develop specific skills in the field of social inclusion;
  - Actively involved in all stages of the project and eager to disseminate its results;
  - Ready to attend all the activities of the youth exchange.
- For the group leader:
  - Age 18+;
  - Active in one of the partner organizations;
  - Did participate to the training course in Albania;
  - Able to use English as working language.
- For the accompanying person:
  - Age 18+;
  - Experienced in guiding disabled youngsters.
  - Able to use English as working language.

Participants will have the opportunity to contribute at any session of the youth exchange.

During the intercultural evenings, participants will be asked to bring and present pieces of their culture (music, food, dance, data, pictures, collages, etc.) in an inclusive way.

All project activities are based on non-formal education methods and tools (working groups, debriefings, free discussions, role plays, workshops, teambuilding exercises, games, energizers, reflections, study visits, presentations etc.), which encourage active participation of each participant in the sessions. The whole learning methodology will be adapted to the needs of all the participants and will be inclusive with regard of the disabled ones. Facilitators will choose those methods and tools, which involve equally and actively each participant.



### THE VENUE:

A city of lights, a city of the future, always different, always unpredictable, proudly flaunting its cultural and artistic diversity, Cluj-Napoca does not cease to amaze. Hidden in the heart of Transylvania, the city is the kind of place you cannot help falling in love with. The huge progress made in the last decades, as well as its ability to keep its traditions and local charm alive, stand as proof



that Cluj-Napoca deserves its honorable spot along other European locations, such as Prague, Vienna and Berlin.

With a rich, complex history and legends, which make it the dream destination for mystery lovers, the Transylvanian city shows an interesting evolution over the centuries, which contributes to the diversity and multiculturalism that characterizes it today.

Attested for the first time almost 2000 years ago, the city became an important Roman colony. The settlement, known then by the name of Napoca, survives the Dark Ages of the migrations and reappears in annals in 1173, to be devastated, just a century later, by a Tatar army. Not long after that, it becomes known as Klausenburg, one of the seven Saxon settlements from Transylvania which are surrounded by walls and which gave the province its original name: Siebenbürgen.

In 1918, as Transylvania becomes part of Romania, Cluj is a prosperous, modern settlement that continues its development throughout the interwar period. The city receives the name it bears today, Cluj-Napoca, in 1974.

The Transylvanian city is currently in a constant state of improvement, adopting European values and practices and proving that it deserves all the appreciation it has gained. With more than 300.000 inhabitants and over 100.000 students, Cluj-Napoca has the biggest University in Romania.



#### **TRAVEL REIMBURSEMENT:**

According to the rules within the **Erasmus+ Programme**, financed by the European Union, we will reimburse the travel costs on the basis of the cheapest and most effective possibilities, 2nd class railway tickets, APEX-flights etc., accompanied by the receipt of complete and original tickets, invoices, bills, receipts, boarding cards etc.

**All the travel tickets have to be bought after receiving confirmation from the coordinator!!!**

Participants are expected to arrive to Cluj-Napoca, Romania on 24<sup>th</sup> of March 2019. The departure will be on 30<sup>th</sup> of March 2019, after breakfast. In case some participants want to spend 1-2 extra days in Romania, prior to or after the event, we need to consult it with



our National Agency. For any advice on that, do not hesitate to contact us. We cannot offer accommodation for these extra days.

We will reimburse travel costs, by bank transfer, within 45 days after receiving all the original travel documents, after dissemination, including here 2 local workshops, after the youth exchange, and filling out the Mobility Tool questionnaire. The maximum reimbursements:

- Serbia 180 Euro;
- Albania 275 Euro;
- Kosovo 275 Euro;
- Portugal 360 Euro;
- Romania 0 Euro;



#### **PROJECT PARTNERS:**

- Asociația Babilon Travel, Romania (Coordinator);
- Autonomia e Descoberta CRL – Portugal;
- AzBuki – Serbia;
- Infinit – Kosovo;
- Projekte Vullnetare Nderkombetare – Albania.

For any further information, please do not hesitate to contact the organizers:  
[office@babilontravel.net](mailto:office@babilontravel.net).

## **THANK YOU**