

Training Course

Erasmus+ Mobility of Youth Workers Cluj-Napoca, Romania, August 23-29 (travel days included)

Info Pack

for applicants

THE PROJECT



The project addresses the lack of social and professional inclusion of visually impaired youngsters (VIP) on one hand, and the lack of engagement of youth workers in the work with VIPs on the other hand. Therefore, the project aims to bring together visually impaired people and youth workers in order to enhance the social inclusion efforts of the young visually impaired and raise awareness about the needs and skills of the VIPs. It is wanted to develop communication techniques in

order to promote inclusion, to improve confidence and self-empowerment, and to learn methods of working together in various situations. Non-formal tools and activities will be used, as well as sports and outdoor activities.

During 24 months of activities, starting on the 1st of August 2020, we will work together for developing tools of social inclusion for our two main target groups: 25 youth workers, 18+ (from witch 5 disabled and 20 non-disabled), and 30 young people, 18-30 years old (15 VIP and 15 nondisabled) in a 5-day training course held in Cluj-Napoca and Băișoara, Romania and a 7 day youth exchange held in Durres, Albania.

The overall project objectives are to:

- Improve participants' abilities to work with VIP and to engage them in the activities within their organizations;
- Develop creative techniques for 25 youth workers to improve VIP's self-empowerment and confidence in their social and professional inclusion processes;
- Exchange and share experiences, skills and competences through non-formal learning for 30 young people;
- Improve young people's sense of self-initiative, self-empowerment and confidence needed in the process of social and professional inclusion for 30 young people, during the youth exchange.

All project activities are based on non-formal education methods and tools (working groups, debriefings, free discussions, role plays, workshops, teambuilding exercises, games, energizers, reflections, study visits, presentations etc.), which encourage active participation of each participant in the sessions. The whole learning methodology will be adapted to the needs of all the participants and will be inclusive with regard of the disabled ones. The two trainers will choose those methods and tools, which involve equally and actively each participant.



















THE TRAINING COURSE



The first main activity of **DiCreNDi** is a 5-day training course for 25 youth workers, 5 of them visually impaired/blind (1/country) held in Cluj-Napoca and Băișoara, in the wonderful region of Transylvania, Romania.

The participant youth workers to the training course are:

- Citizens or legal residents of Albania, Ireland, North Macedonia, Poland or Romania:
- Age 18+;
- Connected to their sending organization, as volunteers, staff, colaboraters, etc. (according to the Romanian National Agency, a CV is required, as evidence of that connection);
- Ready to learn and acquire new methods for working with disabled young people, especially with the visually impaired/blind;
- Using or intending to use non-formal education methods and tools in their working activities.

The selection method will include a unique application form elaborated by Asociatia Babilon Travel which will be disseminated to all the partner organizations. The candidates will fill it out and the sending partners will evaluate and make the final selection, based on the following criteria:

- Status of the participant: disabled/non-disabled youth worker or accompanying person;
- Experience in the work with young people;
- Motivation to get involved in the work with the visually impaired youth;
- Potential and availability to multiply and disseminate the project's results, by:
 - Writing stories/posts/articles about their experiences in the project and then post these on their websites, social media platforms and in the project Facebook group and page;
 - Participating to the 2 preparatory meetings (on-line or face-to-face) and the dissemination events organized by the sending organizations on local level;
 - o Preparing, inside their country team, the intercultural night;
- Committed to attend for the full duration of the course;
- Agree to respect all Romanian regulations regarding the pandemic during all the activities of the training course;
- Have English language skills;

Since there will be 5 participants facing visual impairment (or even more, depending on the applications sent and the selection process), each partner will also select an accompanying person, citizen or legal resident of the country of the sending organization, that will support the disabled participants during the journey and during the activities. These accompanying persons should be:

- Experienced in guiding disabled persons;
- Ready to support the visually impaired youth workers 24/7 during the journey to Romania and back, and during all the activities.
- Able to use English as working language.

At the end of each activity, each youth worker will receive a **Youthpass** certificate.



















THE VENUE



The first 3 days of the training course will be kept in Cluj-Napoca, a city of lights, a city of the future, always different, always unpredictable, proudly flaunting its cultural and artistic diversity, Cluj-Napoca does not cease to amaze. Hidden in the heart of Transylvania, the city is the kind of place you cannot help falling in love with. The huge progress made in the last decades, as well as its ability to keep its

traditions and local charm alive, stand as proof that Cluj-Napoca deserves its honorable spot along other European locations, such as Prague, Vienna and Berlin.

With a rich, complex history and legends, which make it the dream destination for mystery lovers, the Transylvanian city shows an interesting evolution over the centuries, which contributes to the diversity and multiculturalism that characterizes it today.

Attested for the first time almost 2000 years ago, the city became an important Roman colony. The settlement, known then by the name of Napoca, survives the Dark Ages of the migrations and reappears in annals in 1173, to be devastated, just a century later, by a Tatar army. Not long after that, it becomes known as Klausenburg, one of the seven Saxon settlements from Transylvania which are surrounded by walls and which gave the province its original name: Siebenbürgen.

In 1918, as Transylvania becomes part of Romania, Cluj is a prosperous, modern settlement that continues its development throughout the interwar period. The city receives the name it bears today, Cluj-Napoca, in 1974.

The Transylvanian city is currently in a constant state of improvement, adopting European values and practices and proving that it deserves all the appreciation it has gained. With more than 300.000



inhabitants and over 100.000 students, Cluj-Napoca has the biggest University in Romania.

The last 2 days of the training will take place in the West-Carpathian Mountains (Munții Apuseni). Most of the outdoor and trekking activities will take place in Băișoara a mountain resort situated 60 km from Cluj-Napoca.

TRAVEL REIMBURSEMENT:



According to the rules within the **Erasmus+ Programme**, financed by the European Union, we will reimburse the travel costs on basis of the cheapest, greenest and most effective possibilities, 2nd class railway t, bus or minivan, etc., accompanied by the receipt of complete and original tickets, invoices, bills, receipts, boarding cards etc.

ALL THE TRAVEL TICKETS HAVE TO BE BOUGHT AFTER RECEIVING CONFIRMATION FROM THE COORDINATOR !!!

Participants are expected to arrive to Cluj-Napoca, Romania on 23rd of August 2021. The departure will be on 29th of August 2021, after breakfast.



















We will reimburse travel costs, by bank transfer, within 45 days after receiving all the original travel documents, after dissemination, including here 2 local workshops, after the training, and filling out the Mobility Tool questionnaire. The maximum reimbursements for Ireland is Euro 360. For participants from Albania, North Macedonia and Poland, we will send a bus to pick them up from Tirana, Skopje and Warsaw and bring them to Cluj-Napoca and back.

PROJECT PARTNERS



- Ikkaido Inclusive Martial Arts

 Ireland;
- Projekte Vullnetare Nderkombetare Albania;
- Mreza za Dozivotno Ucenje- North Macedonia;
- Polski Zwiazek Niewidomych Poland;
- Liceul Special pentru Deficienti de Vedere Cluj-Napoca Romania.

For any further information, please do not hesitate to contact the organizers: office@babilontravel.net.

THANK YOU















